

# Nashdale Public School



Information Booklet



## Welcome

Nashdale Public School was established in 1888 and, since that time, has built on the tradition of a strong community and educational excellence. We strive for our students to realise their potential in all areas of school and community life.

The staff and students at Nashdale Public School join with me in welcoming you and your family to our school. We believe that children thrive when families and teachers work together in partnership.

Our school environment is the product of all who have come before us to achieve the best educational outcomes for students. We are fortunate to have retained our historic buildings and have designed our new learning spaces to harmonise with the past but accommodate the changing the educational landscape that integrates digital technologies and contemporary learning spaces.

The staff at Nashdale work as a fluid and cohesive team to plan, teach, assess and report your child's learning. Each child is valued and cared for by all staff and ensure a tailored learning plan for your children.

The sense of community within Nashdale Public School has been fostered since its inception. You and your child form an integral part of the fabric of our learning community. All children care for each other and display acceptance, support, and encouragement for each member of our school.

We have prepared this resource to assist you in becoming familiar with our school. Please do not hesitate to contact us if you require further information. We would be proud to share more about our school.

Thank you for allowing us to share in the journey of your child's education.

Regards

Mrs Kylie Toberty  
Principal



## **Nashdale School Staff**

Principal	Mrs Kylie Toberty
Assistant Principal	Mrs Lisa Miller
Assistant Principal Curriculum & Instruction	Mrs Elise Dennis

Teachers	Mrs Carly Malone
	Mr Marty Wilson
	Miss Ellie West
	Mrs Haidee Priest
	Mrs Gabby Simmons
	Miss Claudia Meehan
	Mrs Louise Wark
	Mrs Amanda Causer
	Mrs Lisa Travis

## **Administrative Staff**

Senior Administrative Manager	Mrs Angie Dean
School Administrative Officer	Mrs Jane McMillan
School Learning Support Officers	Mrs Angela Brocklesby-Sattler
	Mrs Rachel Balcomb
	Miss Jeanette Kjoller
General Assistant	Mr Matt McGuire

## **School Organisation**

Nashdale Public School operates under a capped six class structure. Students move fluidly between the classes for literacy and numeracy according to their personal learning needs.

## **School Times**

9.10am - 11.10am	Morning learning session
11.10am - 12.00pm	Lunch
12.00pm - 1.30pm	Mid learning session
1.30pm - 2.00pm	Recess
2.00pm - 3.15pm	Afternoon learning session

Our teachers have volunteered to take on extra supervision duties before and after school. Students are supervised between the hours of 8.10am – 4.00pm. For safety reasons, students are not permitted to be left unattended prior to 8.10am.

## TIPS FOR KINDERGARTEN

- Make sure that all items of clothing are clearly marked with your child's name eg: jumpers, coats, hats, shoes.
- If any article of clothing is lost, first check with your child's class and then the lost property box located at the administration building.
- Leave a raincoat in the school bag all the time so your child is protected if the weather changes (and a change of underwear in case of accidents).
- Provide your child with a paint shirt to protect clothing whilst creating their masterpieces. An old shirt from home with sleeves shortened will do.
- During terms one and four, children are required to wear their school hats whilst outside. It is advisable to apply sunscreen to your child before they come to school in the summer months. Sunscreen is also provided by the school. We have a 'no hat, play in the shade' policy.
- Make sure that new school shoes are well 'broken in' to help prevent blisters.
- Give your child practice at putting on and taking off jumpers and coats and also the tying of shoelaces.
- Select a school bag which is big enough to carry lunch, library books, raincoat, jumper and any notes which may be sent home. Make sure it is easy to open and close.
- Pack recess and lunch separately, if your child has difficulty deciding what is to be eaten at which break.
- We promote healthy lunches at Nashdale PS and encourage children to bring fresh, unprocessed food where possible. Please do not pack nut products (eg: peanut butter, nutella) due to the growing number of students with allergies.

## A-Z of Nashdale Public School

### Absences & Attendance

If your child is absent for any reason, you are required to notify the school with an explanation. This notification is a legal requirement upon both the school and parents. Notification on the day can be via the School Stream App or phoning/emailing the office.

If an absence has not been received prior to 11.00am on the day, you will receive an automated email notification. On your child's first day back from the absence, your child will receive a blue note from the class teacher for you to complete and return. The following Monday, if notification has still not been recorded, your child will be given a letter.

If notification has not been received within 7 days of the child returning to school, the absence is recorded as an *Unjustified Absence*. All absences are monitored remotely by the Department of Education's Home School Liaison Officer.

Please try to minimise time off school during the term. Once a student's attendance rate falls below 85% (average 1.5 days absent a fortnight) then they are considered an attendance concern, and we will work with families to help improve their attendance at school. Regular attendance at school is essential for your child to achieve their educational best. When your child attends school every day, learning becomes easier, and your child will build and maintain friendships with other children.

### Appointments with Teachers

If you wish to make an appointment to speak with your child's teacher, please contact the teacher either via note, school email, SeeSaw or in person (within teaching hours) to arrange a mutually convenient time.

### Assemblies

Flag raising and award assemblies are held at 9.10am each Friday morning. Parents are welcome to attend.

### Assessment and Reporting

Reports will be sent home at the end of Term 2 and Term 4. Interviews take place early in both Terms 1 and 3.

Children are continually being assessed to guide teaching and learning. NAPLAN (National Assessment Program Literacy and Numeracy) is usually

held in May and the results for those Year 3 and 5 students are sent home to parents, generally in September.

Each Kindergarten student is also involved with Best Start assessments when they commence school. These assessments give their teacher detailed information regarding student's skills in Literacy and Numeracy which helps in planning a tailored program. Parents discuss the results of this assessment with the teacher in the Term 1 interviews. Year 1 students also undertake a Phonics Check Assessment.

### Book Club

The school participates in the Scholastic Book Club. Club catalogues are sent home twice each term. Children can purchase quality books at a very reasonable price through this scheme. It is easy to order and pay online. Parents use the linked online ordering & payment platform with Scholastic called **LOOP** to order their child's books. Your order is delivered to school and sent home with your child. Each order helps earn free books and teaching materials for our classroom; however, there is never any obligation to order.

### Bus service

Transport NSW provides students with free transport between school and home only.

Nashdale is fortunate to be serviced by three bus runs. Please visit the company's websites for further information including timetables and routes. Our school is also a bus interchange with students able to access all high schools from Nashdale.

Applications for bus passes are completed online

<http://www.transport.nsw.gov.au/ssts/>

Area	Arrive	Depart	Bus Service	Contact number
Orange (and areas east of school)	9.05am	3.25pm	Orange Buslines	63 65 3197
Nashdale/Cargo(west/south)	8.10am	4.00pm	Apple City Tours	63 65 8395
Cargo/Canowindra (west)	8.10am	4.00pm	Apple City Tours	63 65 8395

Students may catch buses for a nominal fare if they are not eligible for a bus pass.

## Canteen

The school does not have a daily canteen, but students can purchase lunch each Friday, from Whitey's in Orange. Children need to bring their lunch order to school in a paper bag clearly marked with name and order with the correct money inside the bag. These orders need to be into the school office by **Thursday** morning. No late orders will be accepted. The menu is located on the School Stream App or you can pick up a hard copy from the office.

The SRC operate a weekly 'canteen' on Thursday's, where students can purchase a small treat to raise money for charity (such as ice blocks, natural popcorn). Items retail for 50c.

## Children Arriving Late/or Leaving School Early

Children arriving at school after 9.10am must present to the office (accompanied by parent/carer) to register a late notice before going to the classroom, **otherwise they will be marked as a full day unattendance.**

If you need to collect your child from school during the day for any reason, the child and parent/carer must present via the office to have their child signed out.

Once at school, your child is under our duty of care, and we need to know where they are at all times.

## Clothing Pool

The P&C clothing pool has moved online to Facebook. Buy, swap, or sell your school uniforms directly with other school community parents/carers. The Facebook page will be private and Nashdale Public School is not associated with any sales.

The school no longer accepts clothing donations as it does not have the facilities to hold them.

The Facebook page name is: Nashdale Public School Uniforms Buy Swap & Sell.

## Curriculum

Nashdale Public School teaches the Australian Curriculum, as mandated by the NSW Board of Studies. Curriculum is trialled, planned, and implemented in the public system before moving into the independent



and private schooling systems. There is a high level of accountability for teaching and learning programs and assessing and reporting procedures in the NSW Department of Education.

Nashdale Public School places great value on developing the whole child. We are proud that students exit our school with high level achievement in academics, the arts and sport. They are independent and self-directed learners with a strong sense of social justice.

### **EFTPOS**

An Eftpos terminal is available at the office. Payments over a total amount of **\$15.00** (school fees, excursions and transition fees etc) can be made at the office. See *School Bytes* for online payment instruction.

### **Emergency Contacts**

Nashdale Public School has emergency contact details for each child to enable us to contact parent/caretaker/guardian in case of illness or accidents.

Please advise the school of **any** changes to your contact details immediately, particularly changes to mobile phone numbers. Please keep these up to date as sick or injured children can become very distressed when parents cannot be contacted. A Change of Details form can be used on the School Stream App.

### **Excursions**

Throughout the academic year, children will be involved in excursions that support the curriculum in the classroom. These visits are educationally valuable as they give children direct experience of places, objects and events being studied in the classroom.

- The excursion policy can be located on our website.
- Staff complete a Risk Assessment for each excursion. This is to identify and cater for potential hazards.

### **Facebook**

The school has a social media presence via the official school page. The page celebrates learning at the school. Parents can choose if their child's image is used in the annual general permission note sent out in Term 1.

We never publish student's full names on social media.

### **Gardening Project**

We have established a community garden as part of our long-term kitchen garden project. It is attached to the school grounds and students are enjoying cultivating, harvesting, selling and cooking the produce. Community members are welcome to work in the garden. Thank you to the White family for loaning us the plot.

### **Home Reading Scheme**

This is an optional scheme in which students are encouraged to participate. At the beginning of each year, we will send home a Club 100 sheet that parents date and sign each night when the child reads for a minimum of 10 minutes. When the sheet is completed, the child receives a certificate and a book. They are then issued a Club 200 sheet to complete.

Children who reach Club 300 by the end of Term 4 will receive a book and a special certificate sponsored by Cabonne Council.

We love reading at Nashdale!

### **Infectious Diseases**

On occasion, student's need to be excluded from attending school because of certain infectious diseases. See the *Infectious Diseases table* at the back of the booklet for detailed information.

Diseases include chicken pox, measles, mumps, infectious hepatitis, whooping cough, and German measles. Other common diseases which may require exclusion include ringworm, conjunctivitis, impetigo (school sores) and pediculosis (head lice).

In all cases parents are requested to notify the school if their child is suffering from any of these diseases. The school will confirm how long your child needs to stay away from school.

### **Immunisation**

All students must supply a current Immunisation History Statement (supplied by MyGov) or an approved Exemption Letter that will be attached to the Pupil Record Card. A child without an Immunisation History Statement will not be prevented from enrolling. Under the NSW Public Health Act, however, children without proof of immunisation may

be asked by Public Health Officials to stay at home during an outbreak of vaccine preventable disease.

Reference: *Student health in NSW Public Schools: A Summary and consolidation of policy* <https://policies.education.nsw.gov.au/policy-library/policies/student-health-in-nsw-public-schools-a-summary-and-consolidation-of-policy> PD/2004/0034/V01 09/03/2020

## Library

Nashdale Public School has a well-equipped library, catering for the needs of all children within the school. Children have weekly library lessons and are encouraged to borrow books. Nashdale School participates in the annual Premier's Reading Challenge through our library.

Our aim is to encourage reading for pleasure, and we have a broad range of books suitable for the reading abilities of all ages. An individualised reading program operates within each classroom based on current best practise and NSW syllabi. Books within the class programs are carefully chosen for the reading ability of each child within that room and supplements the use of books borrowed from the library.

## Lunches

Children are encouraged to bring healthy food to school. Each class encourages children to bring fruit to eat during the first academic session. At lunch and recess all children sit in a designated area to eat their food under supervision. Students are not to share food.

Nashdale has students who are anaphylactic, so it is very important that students do not bring nuts **(including products such as peanut butter and nutella)**. Foods with traces of nut products such as some biscuits and muesli bars are fine.

We encourage students to eat healthy, unprocessed foods.

## Medication

Medication, if needed, may be administered to your child at school. It is essential that you complete the required forms at the school office or via School Stream. The medication must be in a pharmacy labelled container detailing the student's name and the prescribed dosage. All medication must be left at the office to be administered and under no

circumstances are they to be kept in your child's care (the only exception being asthma medication if your child is in Year 4 or above, as per the child's asthma plan).

### **Music**

Nashdale has a strong music program across K-6. External teachers offer a range of lessons on site on a rotational basis.

### **Nashdale Preschool**

LiveBetter offers a preschool service out of Nashdale Public School on Thursdays and Fridays during term time. The "Little Nashies" program operates between 8.30am – 4.00pm and is a licensed early childhood service.

For further information regarding the program, contact LiveBetter on 1800 580 580.

### **Newsletters & Communication**

Throughout the school year, parents will receive regular newsletters which are uploaded to the school website and the School Stream App. We are unable to print hardcopy newsletters due to the format we use.

Every Sunday evening, families will receive a weekly "What's On" summary for the week ahead on School Stream. In this way, we will keep you informed about what is happening at school.

### **Out of School Hours Care (OOSH)**

From Term 4, 2024, we welcome the Out of School Hours Care (OOSH) services by Cabonne Council. For further information regarding the service, call 6392 3291 or email [asc@cabonne.nsw.gov.au](mailto:asc@cabonne.nsw.gov.au)

### **Orange Small Schools Association (OSSA)**

Nashdale Public School is a proud and active member of the Orange Small Schools Association. The member public schools consist of: Borenore, Canobolas, Cargo, Clergate, Cudal, Cumnock, Mullion Creek, Spring Hill and Spring Terrace. Staff of these schools meet regularly for professional learning activities and to organise and plan experiences for students in member schools.

Some of the activities include athletics, swimming and cross-country carnivals, science days, excursions, the biannual Small Schools

Spectacular, and combined PSSA sporting teams among a number of other opportunities.

At the district athletics, swimming and cross-country carnivals, OSSA splits into three zones to compete, in addition to numerous team sports in the PSSA knockout competition. Our students consistently attain many carnival titles and representative honours at the Western Region and State level.

The three zones consist of;

OSSA Green – Nashdale and Canobolas

OSSA White – Spring Terrace, Cudal, Cargo, Borenore

OSSA Gold – Spring Hill, Clergate, Mullion Creek, Cumnock

### **Parking**

Please reverse into parking spaces at the school and avoid parking in front of the school gates and the bus zones to ensure the safety of all little people (and not so little).

### **Parents and Citizens (P&C)**

Nashdale has a tradition of a strong, active, welcoming, and well supported P&C.

Nashdale's P&C meetings are held across the road at the Nashdale Hall, on the first Thursday of each month. Parents and community members are most welcome and encouraged to attend.

P&C meetings allow parents to become further informed about the school plans and to contribute ideas towards the future direction at Nashdale Public School. Fund raising activities are organised to help provide the school with additional equipment and resources.

Parents and community members can also keep updated with information and events through our website and Facebook page.

### **Parent Assistance**

The assistance of parents is welcomed in a wide variety of programs and activities organised by the school. In line with government policy volunteers at the school must complete a *Declaration for volunteers non child related contractors* form and provide a government issued photo ID to verify their identity.

A Working with Children Check (WWCC) is encouraged but is not legally required for volunteers. The Volunteer Clearance level is free of charge. For more information, please visit [www.workingwithchildrenchecknsw](http://www.workingwithchildrenchecknsw). Some of the activities that we often use parent assistance for are:

- Assisting within the classrooms
- Additional supervision on excursions.
- Transporting children to venues.
- Working on P&C projects.
- Sharing special talents

The school is very appreciative of the valued assistance parents can give. In fact, the best way to get to know your school is to be involved in it, in an active way. By doing this, both staff and parents, can better understand and appreciate what each other's expectations are and be more prepared to provide the best educational experiences for your children.

### **Representative Sport**

Students at Nashdale School are eligible to enter all sporting opportunities offered by larger schools and have more opportunities to represent at a school level than at a larger public school.

Students have pathways for representation in all PSSA sports from the age of eight. OSSA traditionally enters many teams in the PSSA knockout competitions and students are notified of selection trials as they occur.

OSSA convene three annual carnivals in Cross Country, Swimming and Athletics to select representatives for the district carnival. Parents are encouraged to come and support these enjoyable community events. Host schools are determined on a rotational basis. The path for representation is as follows.



**Nashdale Public School & Canobolas Public School (OSSA Green) team (School level)**

↓  
**Orange Small Schools Association (OSSA Green) team (District level)**

↓  
**Orange District team (Western Area level)**

↓  
**Western Region Team (State level)**

## Returning Notes/Money to School

Please ensure that any notes/money are sealed in an envelope with your child's name and class and reason for the money clearly shown. The child returns this to his/her class teacher to be placed in the class bags for collection each morning.

## School Drive Subsidy

The NSW Department of Transport operates the School Drive Subsidy whereby parents who transport their children to school are reimbursed a certain percentage of their costs.

The School Drive Subsidy is available to NSW residents **where there is no public transport** (government or private operators) available to transport a student for all or part of the journey to school. The School Drive Subsidy is only intended to offset the cost of using a private vehicle to drive the eligible student and is not intended to cover all costs.

The School Drive Subsidy is paid based on the distance between their home and the nearest transport pick up point. The School Drive Subsidy may also be available on medical grounds.

Please contact the school for more information if you are not serviced by a school bus or go to <http://www.transport.nsw.gov.au/ssts/>

## School Merit System

At Nashdale we recognise students for their hard work and achievements. Students may earn credit awards from their classroom teacher. In addition, a student may receive additional credit awards eg: for dance or drama etc. Students save their credit awards and when they have saved **4 credits** they can be awarded a **MERIT award**.

When students earn **4 MERIT** awards, they are then awarded a **BRONZE STAR**. This continues until a student can earn a **GOLD STAR** level. The credit awards carry forward from previous years.

4 x Credit Awards = 1 Merit Award  
4 x Merit Awards = Bronze Star  
8 x Merit Awards = Silver Star  
12 x Merit Awards = Gold Star



## School Uniform

Nashdale Public School is very proud of its locally recognised uniform and the children are encouraged to wear it all times. The unisex Nashdale uniform can be purchased at Kingfisher Clothing, Summer Street, Orange.

Parents are requested to ensure that all items of clothing are labelled with the child's name so that they can be returned promptly if mislaid.

If clothing is mislaid and cannot be found in the classroom area, please check the lost property.

## School Stream

We use the App 'School Stream' for our communication to parents. This app is free and can be downloaded to your mobile devices from the 'App Store or Google Play'. It delivers instant communication to parents/carers. **This is our emergency notification to the school community.**

Parents will receive important alerts, newsletters, class information, sports updates, and school calendar.

Parents/carers can advise of absences, change of address details or family details can also be lodged via the App.

## School Bytes

We use the App 'School Bytes' for all things finance. This app is free and can be downloaded to your mobile devices from the 'App Store or Google Play' and delivers communication instantly to parents.

We use School Bytes for online permission notes and payments. Once the portal is activated, you can use it to give consent for events, process online payments and access your Statement of Accounts.

## SeeSaw

Seesaw is a student-driven digital portfolio. Seesaw empowers students of any age to create, reflect, collaborate, and share. Teachers will invite families to Seesaw to keep them in the loop about their child's learning, and easily communicate between school and home.

Seesaw is a digital portfolio that gives parents real-time glimpses into your child's school day. Parents are given a log on from their classroom teacher.



## **Sick and Injured Children at school**

Children who indicate illness or injury will be sent to the office. After initial observation, parents will be contacted if the child is unable to return to class. Should your child need to be taken home, you will be notified so that arrangements can be made for you to call and collect him or her.

In the case of serious injury, the school will immediately seek the assistance of the Ambulance, which is of no cost to parents. Every effort will be made to contact parents thereafter.

## **SPARKE**

Nashdale Public School is proud to be a member school of the SPARKE learning community (formally known as PRE2). SPARKE is a collective of public primary schools in and around Orange that work together to provide additional and enhanced learning opportunities for our staff and students.

## **Special Religious Education (SRE) & Special Education in Ethics (SEE)**

Students attend Scripture every Tuesday at 12.30pm—1.30pm. The Christian groups in Orange have worked together to provide a non-denominational values-based program.

Parents may elect that their child does not attend Scripture. Attending SRE is indicated through the general permission note at the beginning of each year.

Children not attending SRE will be supervised by a staff member but may be in hearing distance of the class (these students may attend ethics classes if available).

SEE is only offered if the providers for the Ethics classes can provide qualified teachers for any year level.

## **Special Services to Assist Your Child**

There are many avenues available to parents and to the school staff to assist with concerns about children experiencing difficulties, such as learning and emotional problems and social and physical development matters.

Nashdale has available specialised staff and a School Counsellor who

can arrange support for students' special needs. These professionals can organise assessments, advice to staff and parents, tailored programs, equipment, and referrals to other support services when required. Teachers meet weekly with the Learning and Support Teacher to monitor student progress.

The support given to Nashdale, from the above, allows for individual programs to be prepared with the teaching staff to assist the needs of individual children.

The School Counsellor (based at an Orange school) is available at the request of parents or teachers. If you have concerns regarding your child's development or if there is a problem at home or school which you feel is causing your child stress, then please contact the school.

The local area has extensive Community Services to provide expertise and support for students outside of school. Staff work in conjunction with:

- The Community Health Service
- Speech and Occupational Therapists
- The Dental Clinic, based at Orange Health Service provides free dental treatment for all children attending school up to Year 6.
- We recommend annual vision, hearing, and dental check-ups for students.

### **Student Assistance**

Some funding is available at the school to meet educational costs. This funding is designed to assist parents who find themselves in financial difficulty.

The school can provide partial assistance for the purchase of class equipment, school uniforms and can assist with payment for excursions. Please make an appointment to see the principal.

### **Student Representative Council**

Nashdale Public School instils a sense of leadership in its student body. One vehicle to achieve this is through the Student Representative Council. The Council comprises of students from Years 1-6 who are elected by their peers, each term. The Council runs a canteen and organises special events to raise money for charities during the year.

## Sun Protection

Children are encouraged to wear school hats and sunscreen. Sunscreen is available for all students to access. School wide brimmed hats are available at Kingfisher Clothing in Orange or bucket hats at the school for \$15.00.

Children without hats play in shaded areas.

## Technology

Nashdale has positioned itself to be one of the region's most successful schools in its integration of technologies into the classroom. The school boasts video conferencing facilities which are used for virtual excursions, linking with other schools and accessing professional learning for staff and the community. Each classroom and the library integrate interactive whiteboard technology into most lessons.

All students from Year 3 through to Year 6 have their own notebook to use as a tool in all key learning areas. Students are highly proficient in the selection and use of a variety of software, hardware and peripherals to support and extend their learning. Staff are continually developing their professional knowledge in this area to employ current best practice in their teaching.

Students use devices as tools in their learning from Transition to Year Six across all Key Learning Areas (KLA). In Year 2, students transition from iPads to using notebook computers. The DoE has high level security filters on the internet to protect students accessing inappropriate materials.

## Website

Nashdale Public School has a website <http://www.nashdale-p.schools.nsw.edu.au>. This is another avenue parents can access newsletters, photos, Department of Education information.

## WH&S requirements

**All** volunteers in schools must complete a Declaration for volunteers non child related contractors form and provide a government issued photo ID to verify their identity.

**All** visitors to the school must come through the front office to sign in

**All** parents who transport children must provide a copy of their license and registration (we are happy to photocopy these for you) and complete a *Declaration for volunteers non child related contractors*.

## Wellbeing Program

Nashdale Public School launched its wellbeing program, RIPE for Learning in August 2016. The program recognises students who work hard in the following areas Respect, Integrity, Pride and Engagement.

Our mascot, Nashie, plays an important role in the school, being a visible reminder to students to work hard in the above areas.

Students receive “Nashie token awards” recognising their hard work, these tokens are then placed in a large apple and a weekly winner is drawn from the apple. Super Nashie’s have also been introduced for whole class recognition of positive behaviours.



### At Nashdale we are

RIPE for learning

We have



**Respect**

We have



**Integrity**

We have



**Pride**

We will



**Engage**

### **Girls & Boys Uniform (uni-sex)**

#### **Summer**

Summer Dress

Brown unisex shorts

White shirt (optional)

White ankle socks and black shoes

Green woollen V neck jumper

Green ribbons (bottle green)

Green school hat

#### **Winter**

Tartan Pinafore

Brown unisex trousers (optional)

White shirt or white skivvy

Green woollen V neck jumper

Green woollen tights or long socks and black shoes

Green school hat or green school beanie

Green school parka with school emblem

Tartan School tie

#### **Sports Uniform**

Green unisex shorts

Polo shirt with school emblem

Green sweatshirt with school emblem

Brown unisex track pants

White ankle socks and joggers

Green school hat or green school beanie

**Calico Library bags with school emblem are available from the school office for \$5.00  
P&C sell bucket hats can be purchased at the office. \$15.00 goes directly to the P&C**

## Infectious Diseases

<b>Infectious Disease</b>	<b>Time from Exposure to Illness</b>	<b>Symptoms</b>	<b>Do I need to keep my child home?</b>	<b>How can I help prevent spread?</b>
Chicken Pox	2-3 weeks	Slight fever, runny nose and a rash that begins as raised pink spots that blister and scab	Yes, for 5 days after the rash first appears and until the blisters have all scabbed over	Immunisation is available for children over 18 months old. It is recommended for people over 12 years who are not immune.
Conjunctivitis	1-3 days	The eye feels scratchy, is red and may water. Lids may stick together on waking.	Yes, while there is discharge from the eye.	Careful hand washing, avoid sharing towels. Antibiotics may be needed.
Gastroenteritis	Depends on the cause – several hours to several days	A combination of frequent loose or watery stools, vomiting, fever, stomach cramps, headaches	Yes, at least 24 hours after diarrhoea stops	Careful hand washing with soap and water after using the toilet or handling nappies and before touching food.
German Measles (Rubella)	2-3 weeks	Often mild or no symptoms, mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	Yes, for at least 4 days after the rash appears	Immunisation (MMR) at 12 months and 4 years of age.
Glandular Fever	4-6 weeks	Fever, headache, sore throat, tiredness, swollen nodes	No, unless sick	Careful handwashing, avoid sharing drinks, food and utensils and kissing
Hand, Foot and Mouth Disease	3-7 days	Mild illness, perhaps with a fever, blisters around the mouth, on the hands and feet	Yes, until the blisters have dried	Careful hand washing especially after wiping noses, using the toilet and changing nappies.
Head Lice	Time from infestation to eggs hatching usually 5 – 7 days	Itchy scalp, white specks stuck near the base of the hairs, lice may be found on the scalp	No, as long as headlice management is ongoing.	Family, friends and classroom contacts should be examined and managed if infested

Hepatitis A	About 2-6 weeks	Often none in small children, sudden fever, loss of appetite, nausea, vomiting, jaundice, dark urine, pale stools.	Yes, for 2 weeks after first symptoms or 1 week after onset of jaundice	Careful hand washing, close contacts may need to have an injection of immunoglobulin, immunisation recommended for some people
Impetigo (School Sores)	1-3 days	Small red spots change into blisters that fill with pus and become crusted, usually on the face, hands or scalp	Yes, until treatment starts. Sores should be covered with a watertight dressing	Careful hand washing
Influenza	1-3 days	Sudden onset fever, runny nose, sore throat, cough, muscle and headaches	Yes, until they feel better	Immunisation, is recommended for the elderly and people with chronic illnesses.
Measles	About 10-12 days until first symptoms, and 14 days until the rash develops.	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and last 4 – 7 days.	Yes, for at least 4 days after the rash appears.	Immunisation (MMR) at 12 months and 4 years. Contacts who are not immune should not attend school or work for 14 days.
Meningococcal Disease	2 – 10 days	Sudden onset of fever and a combination of headache, neck stiffness, nausea, vomiting, drowsiness, and rash	Seek medical help immediately. Patient will need hospital treatment	Close contacts should see their doctor urgently if symptoms develop and may need to have a special antibiotic. Immunisation with Meningococcal C vaccine at 12 months of age.
Mumps	14-25 days	Fever, swollen and tender glands around the jaw.	Yes, for 9 days after onset of swelling	Immunisation (MMR) at 12 months and 4 years of age.
Ringworm	Varies, may be several days	Small scaly patch on the skin surrounded by a	Yes, until the day after fungal	Careful hand washing

		pink ring.	treatment has begun	
Scabies	New infections – 2-6 weeks Reinfections – 1-4 days	Itchy skin, worse at night. Worse around wrist, armpit, buttocks, groin and between fingers and toes.	Yes, until the day after treatment has begun.	Close contacts should be examined for infestation and treat if necessary. Wash linen, towels and clothing worn in the past 2 days in hot water and detergent.
Scarlet Fever	1-3 days	Sudden onset sore throat, high fever and vomiting, followed by a rash in 12 -36 hours	Yes, until at least 24 hours of treatment and the child is feeling better.	Careful hand washing. Sick contacts should see their doctor
Slap Cheek	1-2 weeks	Mild illness, fever, red cheeks, itchy lace like rash and possibly a cough, sore throat or runny nose. Can cause foetal disease in pregnant women.	No, most infectious before the rash appears.	Careful hand washing, avoid sharing drinks or food.
Whooping Cough (Pertussis)	7-20 days	Starts with runny nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	Yes, until the first 5 days of a special antibiotic have been taken.	Immunisation at 2,4,6 and 18 months and 4 years of age. A special antibiotic can be given for the patient and close contacts. Unimmunised contacts may be excluded from child care until the first 5 days of a special antibiotic has been taken
Worms	Several weeks	Itchy bottom	No	Careful hand washing. Whole household should be treated. Wash linen, towels and clothing worn in the past 2 days in hot water & detergent.



