

Nashdale Yearbook - THE NASIE PRIDE

This year at Nashdale, families will have the opportunity to get their hands on Nashdale Public Schools very first yearbook. We have so much pride and so many achievements within our school that it would be a shame not to embrace and showcase what our school is made of.

The NASHIE PRIDE yearbooks will be published throughout the year by a team of parents with help from the senior students. The yearbooks will consist of a class report from each year with photos and individual work, sports reports including team photos and reports covering excursion and extra curricula activities. Such activities could include CWA projects, special events, arts, drama, debating, music and much, much more.

The NASHIE PRIDE will record, highlight and commemorate the past year at Nashdale. A guaranteed keepsake to look fondly on in years to come. We would love to hear your feedback and will take on board any suggestions made. The estimated cost will be \$35, depending on orders. Please email nickiadams84@yahoo.com if you would like to discuss the yearbook in further detail. Thanks Nicki for all your hard work.

Food Tidings for the Graham family

A food schedule has been organised through Food Tidings for the Graham family. After the devastating loss of Lewis, it is now that Brett, Trina, Will and Ollie need the support. By providing a meal or meal voucher, this support shows we continue to care and think of them.

A flyer has been sent out to each family, if you have misplaced it, they are available at the office. We have created a **Grub for Grahams** profile at www.foodtidings.com. The only catch is this website only uses chrome, therefore, if you are having trouble with it, we are more than happy to slot your name into a designated day to provide a meal.

Please follow the directions below to login at food tidings. A blue esky will be placed at the front door each Monday and Thursday to place your meal in.



We have created a **Grub for Grahams** profile at www.foodtidings.com (use Google Chrome)

- Create your profile by 'signing up' (you may already have a profile)
- Search **Grub for Grahams**
- Nominate a day to deliver a meal/voucher

Food Tidings is a website that makes meal support simple for families in need.

Grip Leadership

On Tuesday 21 May our Year 6 leaders went to Bathurst for the GRIP Leadership day. They learnt all about the qualities of a good leader and how they can demonstrate these at our school. We regularly see these qualities at Nashdale, but look forward to seeing what else they have learnt.



TERM 2

WEEK 8

Tuesday 18 June

Yr 6 Digital Technologies @ Canobolas PS

Friday 21 June

Scholastic book orders due

WEEK 10

Wednesday 3 July

OHS 'In Concert' K-6 @ OHS

Thursday 4 July

School Reports sent home

P&C Meeting @ 7pm

Friday 5 July

Last day of Term 2

TERM 3

WEEK 1

Monday 22 June

Staff Development Day - catered by Nashdale P&C

Tuesday 23 June

First day back for all students

WEEK 4

Friday 16 July

CWA Projects due

WEEK 5

Wednesday 21 August

Newcastle Mathematics

Friday 23 August

CWA Presentation @ Nashdale Hall 2pm

WEEK 7

Tuesday 3 September

UNSW Competition - Digital Technology

Thursday 5 September

UNSW Competition - Science





RIPE FOR LEARNING



District Athletics Results

OSSA Green was well represented at the District Athletics Carnival held on Friday 24 May.

Thank you to Mrs Balcomb for Managing the team and thank you to the students who ran, jumped and threw to the best of their abilities.

A very big congratulations to Will C for being runner up as the 11 yrs boys athletic champion.

The following students will be representing the Orange District at the Western Carnival in September;

James B

2nd - Junior 200m
2nd - 10yrs 100m

Laura W

3rd - 11 yrs High jump

Nathan L

3rd - 11yrs Long jump

Will C

1st - 11yrs High jump
2nd - 11yrs 800m
3rd - Senior Relay

2nd- 11yrs Boys Athletics Champion

Angus P

1st - 11yrs 100m
2nd - 11yrs 200m

Jack G

1st - Senior 1500m
2nd - Senior 800m

CHESS REMINDER

Reminder to all students who play in the Chess Club to meet in the library at lunchtime on Mondays.

The knockout will be held early in Term 3. Dates to be advised.

OSSA Netball

Congratulations to the following students who were selected in the OSSA Green netball team; Holly A, Georgia C, Addie H, Millie H, Elise T, Alli G, Lyla B, Poppy B, Laura W and Emily C. The girls played round 3 in Condobolin on Tuesday 11 June. Unfortunately, they were not able to come away with a win, ending their surge through the PSSA Netball Knockout. Thank you to Mrs Miller, Ms Winters for umpiring and to the parents who were able to transport the girls.

Congratulations to Georgia G, Addie H and Millie H who were selected to trial for the Western Region Netball team. After trialling in Dubbo, Millie H was asked to return for a further trial to contest selection in the Western team.



OSSA Green Soccer

The combined team of Nashdale and Canbolos played against Orange PS at Orange High School on Tuesday 4 June. Despite a terrific comeback in the second half, OSSA Green unfortunately went down 2-1. The boys should be extremely proud of themselves and we thank Mr Peter Barnes for coaching them.



OSSA Green Rugby

The rugby team played against OPS, Cudgegong and West Wylong on Monday 20 May competing in the Primary Schools Rugby knockout. The team played extremely well all day defeating Cudgegong 35-0 and West Wylong 19-0 but unfortunately lost to OPS by two tries. Thank you to Mr Hughes-Clapp for mentoring and coaching the boys.





RESPECT INTEGRITY



MERIT AWARDS

K/1 Possums

Willa D, Felix C, Avie K, Stephanie S

Year 1/2 Koala

Demi E, Fred R, Ari C, Olli J

Year 3 Dingo

Gwen M, Campbell R, Lucy A

Year 4/5 Tassie Devils

Poppy B, Abbey C, Emily C, Lennox J

Year 5/6 Emus

Will R, Archie M, Jack G, Edward C, Oliver B, Issac E, Millie D

STAR badge



BRONZE
Campbell R

SILVER
Isaac E

GOLD
Will R, Edward C

Musica Viva

On Wednesday 5 June, Nashdale were treated to a spectacular performance by the Musica Viva group. **March of the Fire Ants** depicted the inhabitants of the fire tree, including jet fighter lorikeets, swarming fire ants and machine-like cicadas, demonstrated by sounds of the cello, clarinet, voice and keyboard. Performed by ensemble Entourage, this engaging performance painted a vivid and immersive picture of the Australian backyard.



Pizza and Movie Night

The P&C are hosting the ever popular pizza and movie night on Saturday 29 June. Many of us will be looking forward to watching Toy Story 4!. Students have received a flyer, there are more in the office if you have misplaced yours. Payment is either by cash/cheque or direct debit into the P&C account. This is not a school payment, therefore can not be paid online through the school website.

P&C bank details are: Nashdale P&C, BSB: 082 774 ACT: 154113411

Please be mindful, this event is **NOT** a drop and go option. All students must be supervised by an adult. Please arrange to have your children cared for if you were not intending on watching the movie. We would like to thank Mrs Angie Caffin for again organising this years movie night.

Cash Cow update

In September of last year, The White/Garlick family very generously donated seven callves to the P&C. These cows have now moved on to greener pastures and have been replaced by eighteen calves. Nine beasts are currently being agisted on the Garlick property and thanks to the generous offer from the Rodgers family to house the other nine, they are now having a lovely time at Alec and Sab's place. Thank you Cassie for all your organisation with our cash cows.

Whitey's Pies

All orders must be in a **brown paper bag**, please do not send orders in zip lock bags or envelopes. Correct change is also appreciated.

P&C Book Donation

In lieu of each student receiving a book at Christmas, the P&C have recently donated new library books and books to be chosen in the Home Reading Scheme (Club 300). We would like to thank the P&C for the generous donation towards our students reading.



PRIDE ENGAGEMENT



This month on SchoolTV

Positive Parenting

Despite the best efforts of parents the reality is, there is no such thing as the 'perfect parent'.

Many parents today are over-protective, resulting in children being less independent, unable to problem-solve or self-regulate.

Research shows, that one of the most important protective factors in the lives of young people, is a close relationship with a supportive adult.

Parents are failing to set clear boundaries, which is unfortunately making kids feel less secure.

In this edition of SchoolTV, parents will learn what is the best approach when it comes to primary and secondary school aged children.

<https://nashdale-p-schools.nsw.schooltv.me/newsletter/positive-parenting>

Positivity Project

Our school is excited to be trialling the Positivity Project. It promotes wellbeing and relationship building for all students.

The Positivity Project designs and delivers the core positive education values of mindfulness, cultivating helpful emotions, fostering healthy relationships, displaying gratitude, empathy and flexible thinking styles through play and performance based learning experiences and practical exercises. We are delivering this through our personal Development and Health curriculum.

One exercise students will be working on together are Acts of Kindness where they build empathy and thoughtfulness for others in a scaffolded way. Each class will work towards filling their chart with these acts of kindness. As charts are filled their teacher may have a celebration with their class.

Wellbeing Framework

Three years ago we developed a formalised wellbeing framework at Nashdale Public School. The framework was built around our RIPE expectations of Respect, Integrity, Pride and Engagement. Students are positively reinforced when they display these qualities around our reward system which include merit awards and Nashies.

Sometimes, students make mistakes and choose not to follow these expectations. We have consistent consequences both in the class and playground in these events. Generally parents will not be contacted in the first instance (unless it is a serious incident) as children are given the opportunity to correct their behaviour and the incident is recorded on our Wellbeing database (Sentral). If the poor choice is repeated then a flow chart is enacted.

	My Day				Date:
	Activity	Teacher	Teacher's reflection	Comment	
Morning Session			☹️☹️☹️		☹️☹️☹️
			☹️☹️☹️		☹️☹️☹️
Lunch	Eating		☹️☹️☹️		☹️☹️☹️
	Play		☹️☹️☹️		☹️☹️☹️
Middle Session			☹️☹️☹️		☹️☹️☹️
			☹️☹️☹️		☹️☹️☹️
Recess	Eating		☹️☹️☹️		☹️☹️☹️
	Play		☹️☹️☹️		☹️☹️☹️
Afternoon Session			☹️☹️☹️		☹️☹️☹️

Behaviour Low level behaviours:
Inappropriate language, Inappropriate tone/attitude
14/03/2019 — #283

Behaviour Low level behaviours:
Failure to follow rules, Rough play, Inappropriate behaviour
01/02/2019 — #258

Behaviour High level behaviours:
Continued low-level behaviours
31/08/2017 — #144

Behaviour High level behaviours:
Bullying - Verbal, Highly inappropriate behaviour
20/06/2017 — #137

Behaviour Low level behaviours:
Rough play, Teasing
28/02/2017 — #97

Depression, Anxiety, Cyberbullying, Drugs, Alcohol.. Some of the challenges faced by today's parents.



SchoolTV is a new resource designed to inform and support parents on major issues with contributions from Australia's leading experts.



Record Details — All Students Share for all students

Low level behaviours

- Failure to follow rules
- Inappropriate language
- Inappropriate tone/attitude
- Disrupting others
- Incomplete work
- Out of seat
- Rough play
- Teasing
- Talking back
- Out of bounds
- Inappropriate behaviour

High level behaviours

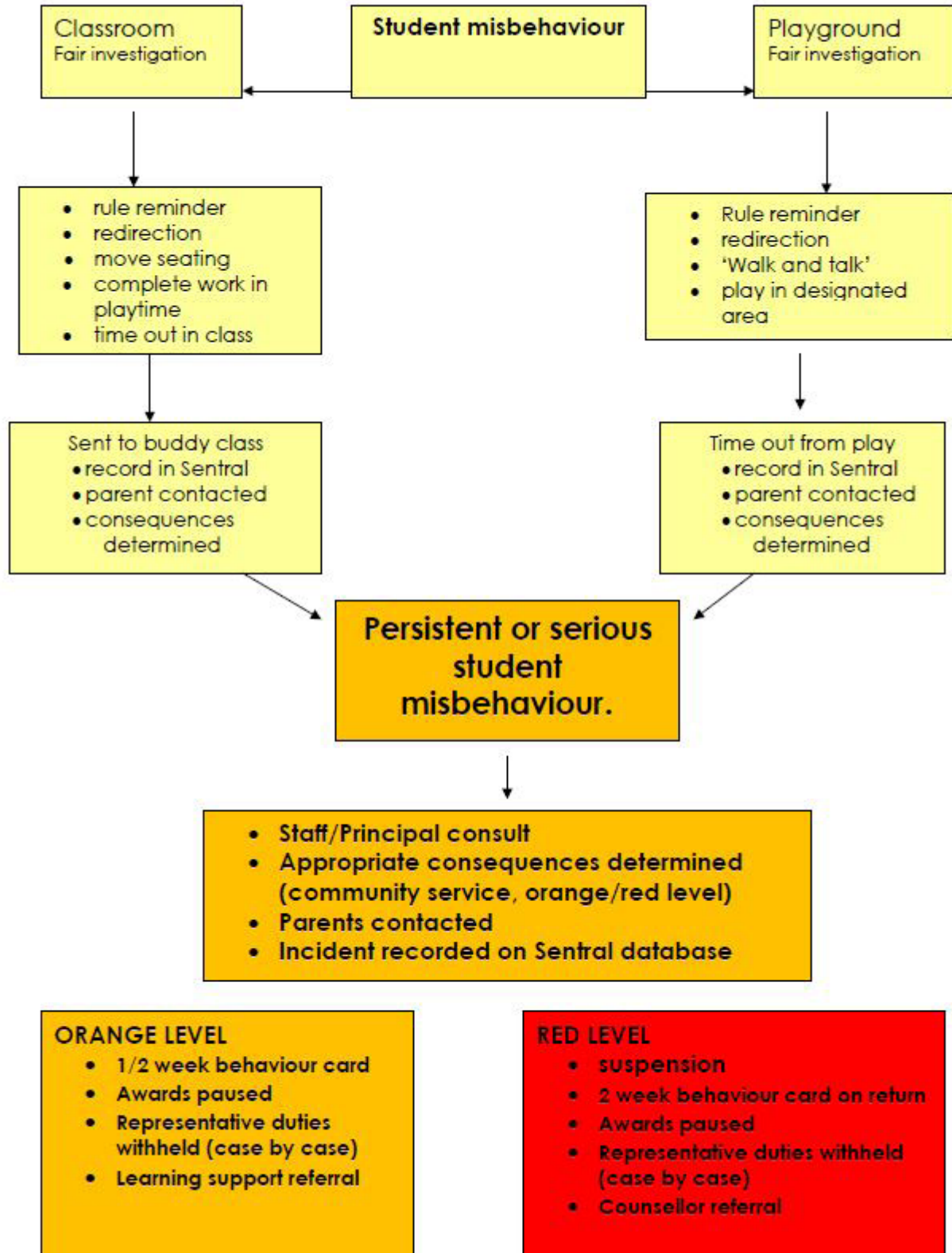
- Continued low-level behaviours
- Continued disobedience
- Bullying - Verbal
- Bullying - Physical
- Vandalism
- Stealing
- Swearing at others
- Fighting
- Absconding
- Bullying - Cyber
- Racism / Sexism
- Pornography
- Weapons
- Highly inappropriate behaviour



RIPE FOR LEARNING



Behaviour flowchart





NASHDALE PUBLIC SCHOOL P&C ASSOCIATION



Next P&C Meeting

Thursday 4 July at 7pm

Be part of the discussions and make decisions that are based around a range of educational and community issues for Nashdale PS

UPCOMING EVENTS

Staff Development Day - Catering

Monday 22 June 2019

The P&C and the Nashdale community will be catering for 350 people at the Staff Development Day to be held on Monday 22 June. Students have received a flyer asking for baked goods and/or an hour to volunteer at the SDD.

Pizza and Movie Night

Saturday 29 June 2019

Come and watch Toy Story 4 with our fabulous school community. \$20 per person includes ticket and meal deal. 5.15pm start for a 6.00pm movie.

Please **NO DROP AND RUN**, students must be supervised by an adult at all times. Payment can be made by cash/cheque or by direct deposit into the P&C account (details are below)

President Mrs Cassie Garlick

Vice President Mrs Bee Smith & Mrs Annabel Dunlop

Treasurer Ms Angela Warrian

Secretary Mrs Sally Coady

Clothing Pool Officer Mrs Rishelle Kent

Contact Mrs Cassie Garlick 0408 637 658

Account Details

Name: Nashdale P&C

BSB: 082 774

Acct: 154113411



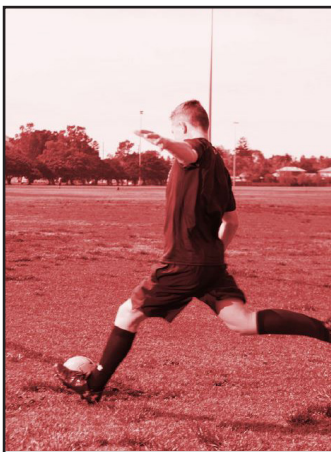
COMMUNITY EVENTS



Nashdale Public School is proud to be a member school of the SPARKE learning community (formerly known as PRE2). We are a collective of public primary schools in and around Orange that work together to provide additional and enhanced learning opportunities for our staff and students.

We embrace a collaborative approach to enhancing learning across member schools which embrace 21st century technologies, offering enriched curriculum practice, learning excursions and pedagogy within our primary classrooms. Our staff connect with colleagues across the Orange network and surrounding region to engage in professional learning opportunities after school. Our students are able to participate in a wide range of rich learning tasks across schools (eg Young Archies, film competitions, STEM and mathematics challenges, sporting opportunities..etc..)

Currently member schools include Bletchington, Calare, Molong, Orange East, Orange, Clergate, Blayney, Molong, Millthorpe, Bowen, Glenroi Heights, Euchareena, Cumnock and Borenore Public Schools.



SCA Under Armour Soccer Camp

Hosted By



Sir Jack Brabham Soccer Field - Orange
18 - 19 July 2019
9:00am - 3:00pm
7 - 15 Years
All Skills
Co - Ed
\$230

1800 753 127

www.sportscampsaustralia.com.au

Cancer Council Healthy Lunch Box Nutrition Snippet

The simplest way

... to make baked veggie chips

Serves: 4 | Prep time: 15 min | Cooking time: 20 min

Ingredients
1 sweet potato, peeled
2 carrots, peeled
2 parsnips, peeled
1 large beetroot, peeled
Sprigs of fresh rosemary or thyme
Olive oil spray
Sea salt

Method
Pre-heat oven to 190°C. Slice all the veges into thin rounds. Spread them out on paper towels and blot dry, ensure they're as dry as possible.

Line a baking tray with foil and lightly spray with olive oil. Spread the veges and herbs on the tray and spray them with olive oil and add a dash of salt. Bake for approx. 20 minutes, checking every 5 mins, to ensure they're not burning. Remove any that are brown and crispy before the others.

For more recipes, tips and ideas visit our [website](http://www.healthy lunchbox.com.au).

healthy lunchbox.com.au

LOWES

Let's tackle BRAIN CANCER

Warm up this winter while raising awareness and funds for brain cancer. **COMING SOON!**

\$25 EACH

Mark Hughes Foundation - Beanie for Brain Cancer
On sale June 1st. While stocks last

AVAILABLE INSTORE & ONLINE JUNE 1st

WWW.LOWES.COM.AU



School Community Charter

Collaborative. Respectful. Communication.

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 - 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- To be welcomed into our schools to work in partnership to promote student learning.
- Communication from school staff will be timely, polite and informative.
- Professional relationships with school staff are based on transparency, honesty and mutual respect.
- To be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We treat each other with respect

We prioritise the wellbeing of all students and staff

Unsafe behaviour is not acceptable in our schools

We work together with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.

© NSW Department of Education



We create collaborative learning environments

We all play our part

We work in partnership to promote student learning

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: education.nsw.gov.au/about-us/rights-and-accountability/complaints-commitments-and-suggestions/guide-for-parents-carers-and-students

Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



School Community Charter

education.nsw.gov.au



COMMUNITY EVENTS



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA



Tell Us What You Think About Parenting

The Parenting and Family Support Centre at the University of Queensland is conducting research into parents' opinions about parenting and parenting programs.

If you have a child between 2 and 12 years, we would love to hear your views on parenting and the services that are available to you as a parent. You will need to complete a short survey.

To find out more, please visit:
<https://exp.psy.uq.edu.au/parenting>

